

Little Seed

Small things can do big things!



by Jawad Yousofi

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For every little one who wonders, “What can I do?”

A children's edition of Seed, from the Grand series.

Written by Jawad Yousofi, with the help of AI (Claude, by Anthropic). The story, the characters and the vision are the author's own. The illustrations were made with AI (Claude, by Anthropic) under the author's direction.

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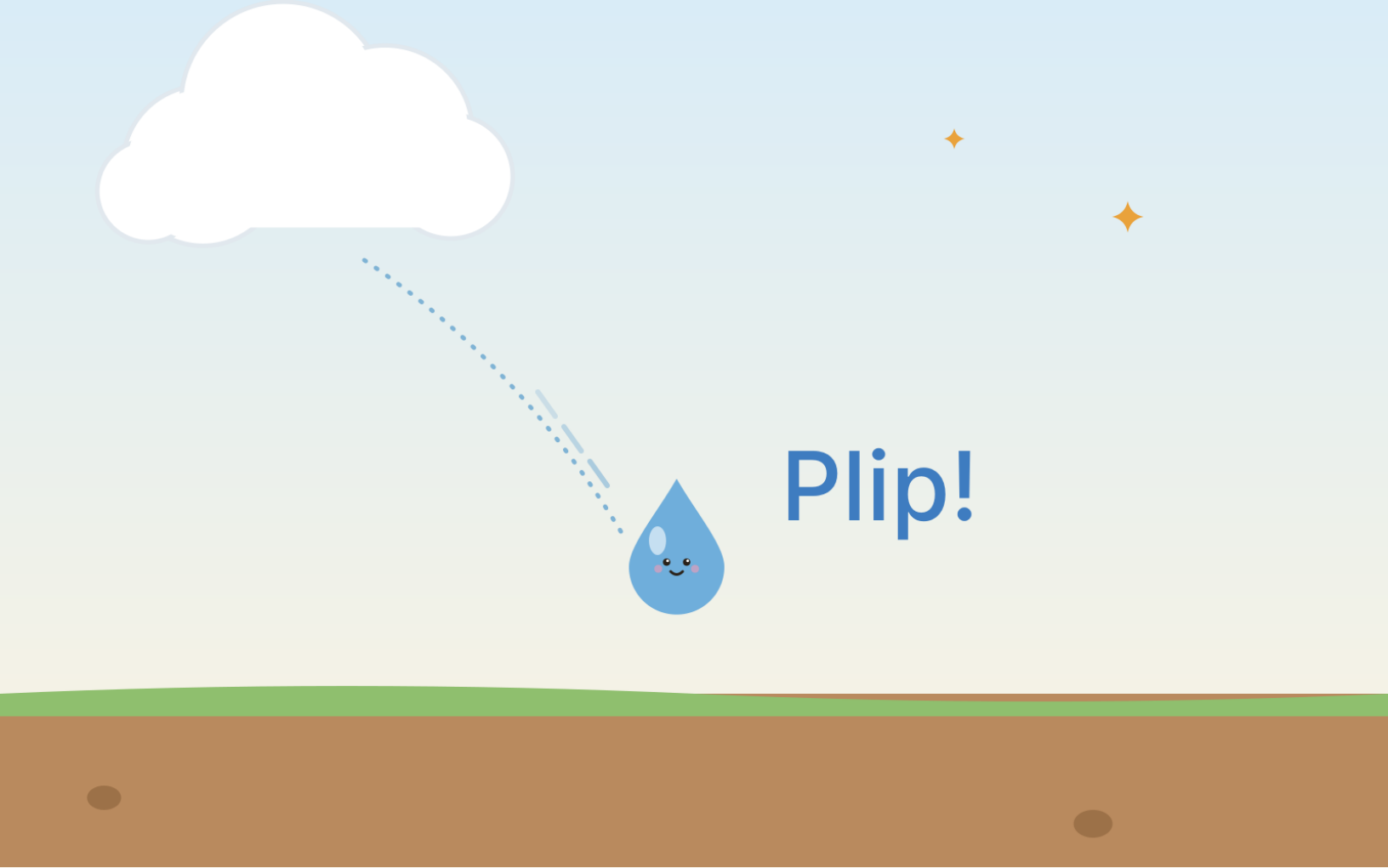
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First edition, 2026



High in the sky, a little raindrop wondered,
“I am so small. What can I do?”

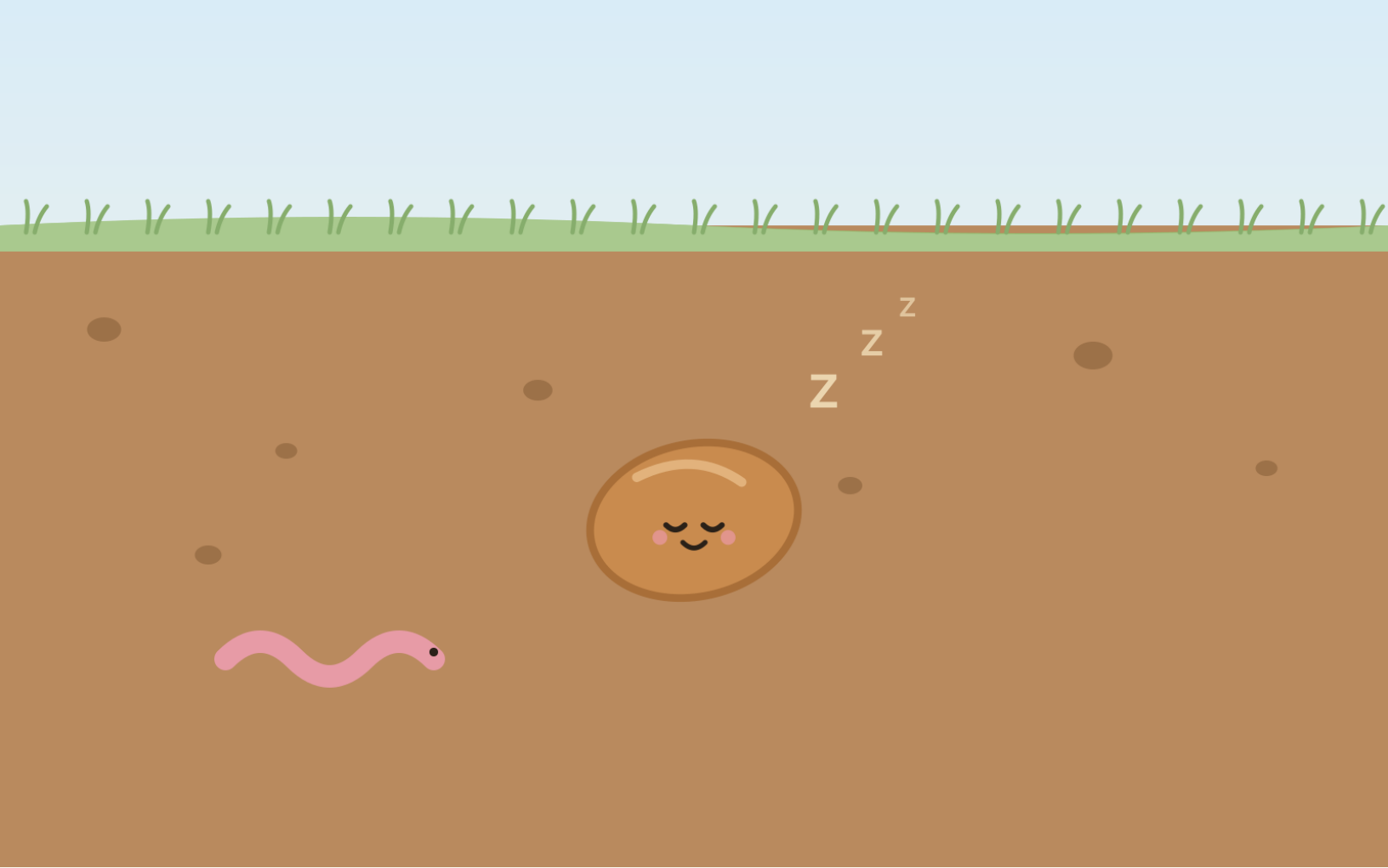
DO IT! Make yourself tiny, like a raindrop. How small can you be?



Plip!

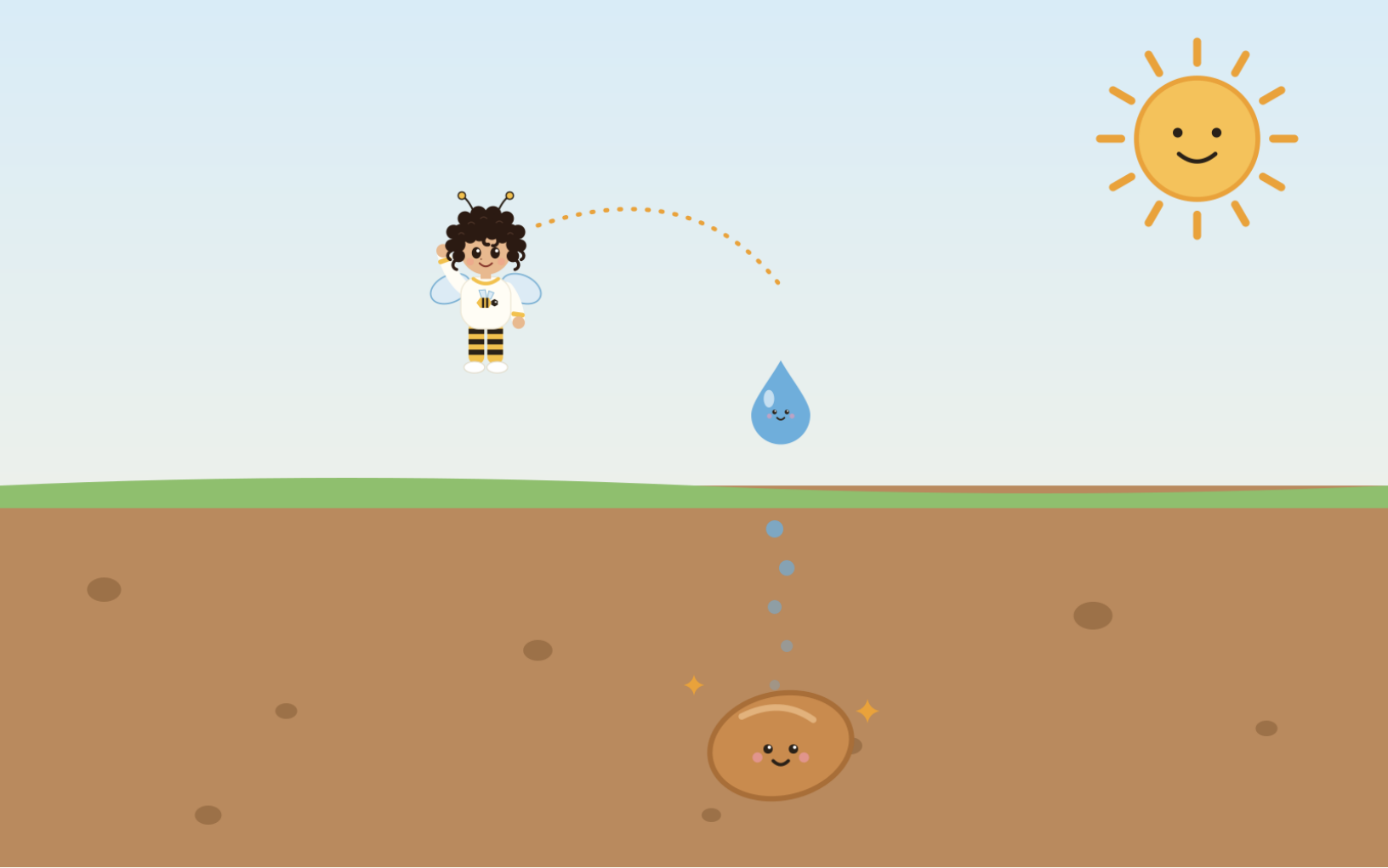
Down, down, down fell the raindrop,
into the soft, dark soil.

DO IT! Fall down, down, down, all the way to the floor. Plip!



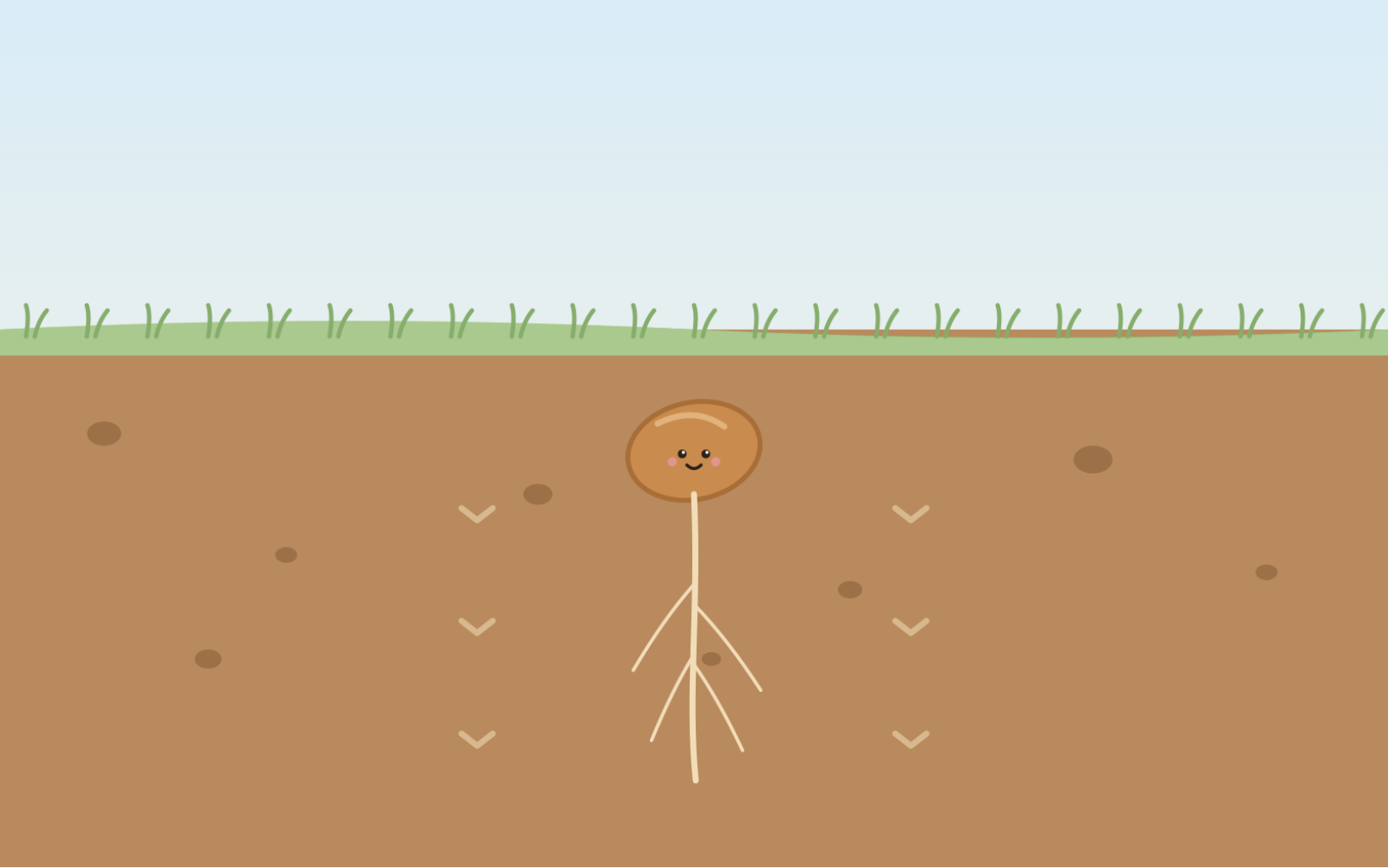
In the soil slept a little seed.
Small as a crumb.
Quiet as a secret.

DO IT! Curl up and sleep like a seed. Shhh...



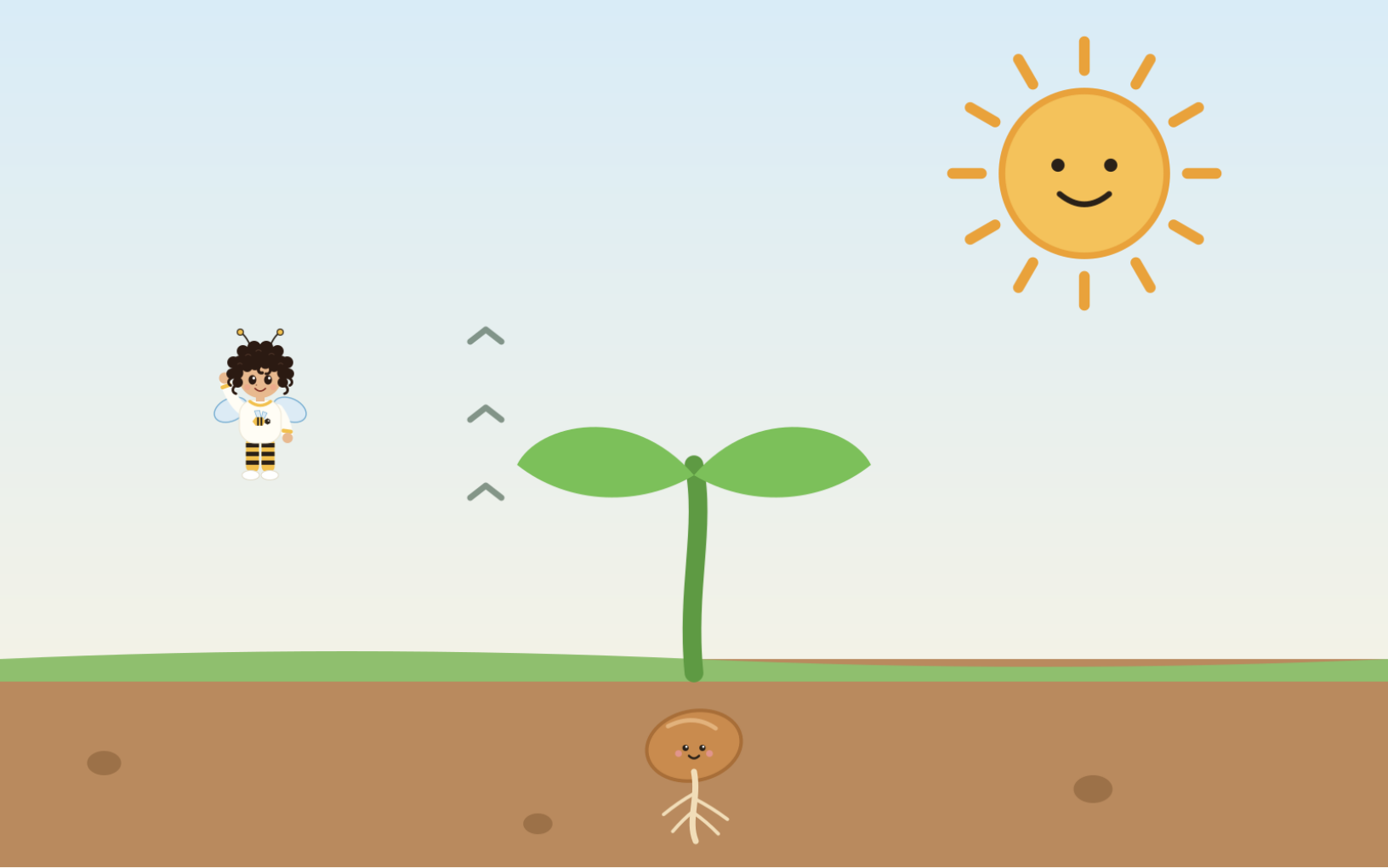
“Wake up, little seed!” buzzed Asal.
The raindrop gave the seed a drink.
Small things can do big things!

DO IT! Wake up! Wiggle your fingers and toes.



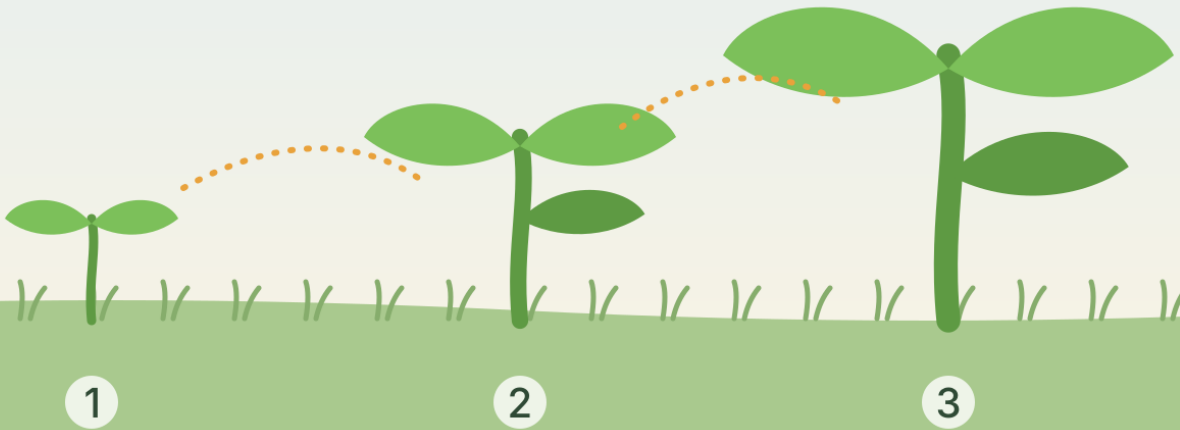
The seed stretched and yawned.
A tiny root reached down, down, down,
holding on tight.

DO IT! Wiggle your toes into the ground, like roots.



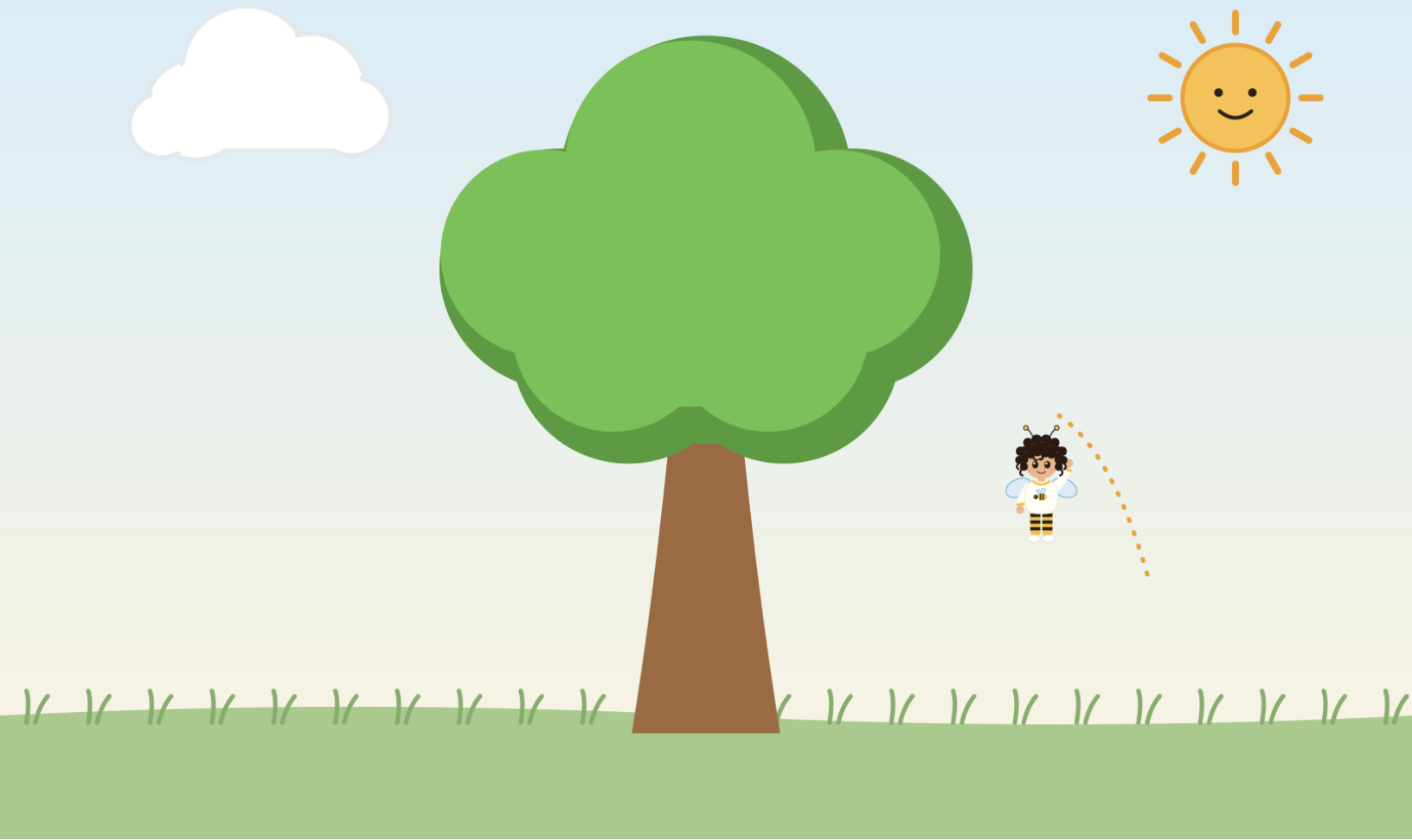
A tiny green shoot reached up, up, up,
toward the warm, bright sun.

DO IT! Stretch up, up, up toward the sun!



A little sun. A little rain. A little time.
Grow, grow, slowly grow.

DO IT! Sway slowly, like a little plant in the breeze.



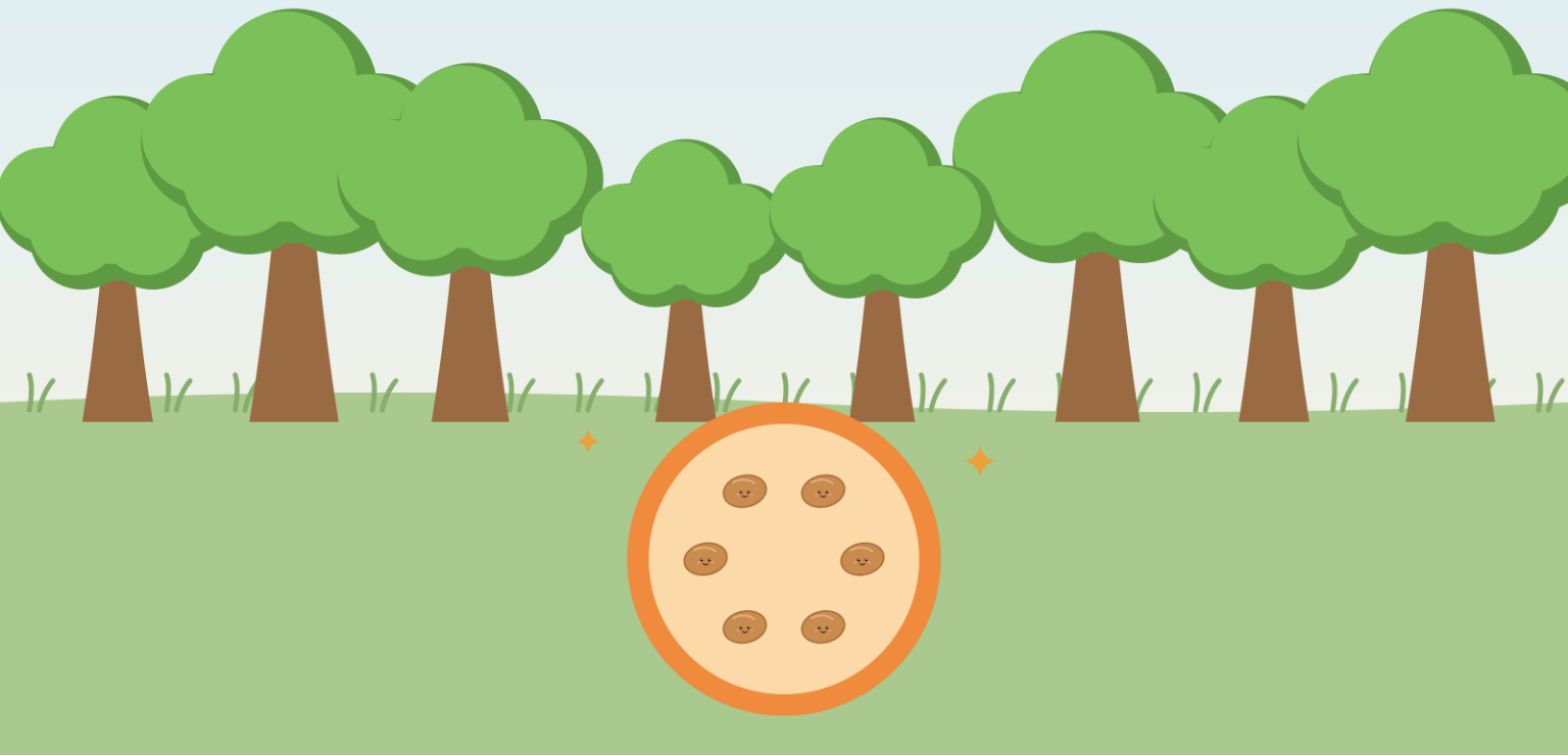
And one day,
the little seed
was a tall, tall tree.

DO IT! Stand tall, tall, tall, and spread your branches wide.



The tree gave shade for resting,
flowers for the bees,
and fruit for sharing.
“Thank you, tree!” buzzed Asal.

DO IT! Can you buzz like Asal? Bzzzz!



Inside every fruit
were new little seeds.
One seed became a tree.
One tree became a forest.
Small things can do big things!

DO IT! Hold hands with someone. Two trees... a forest!



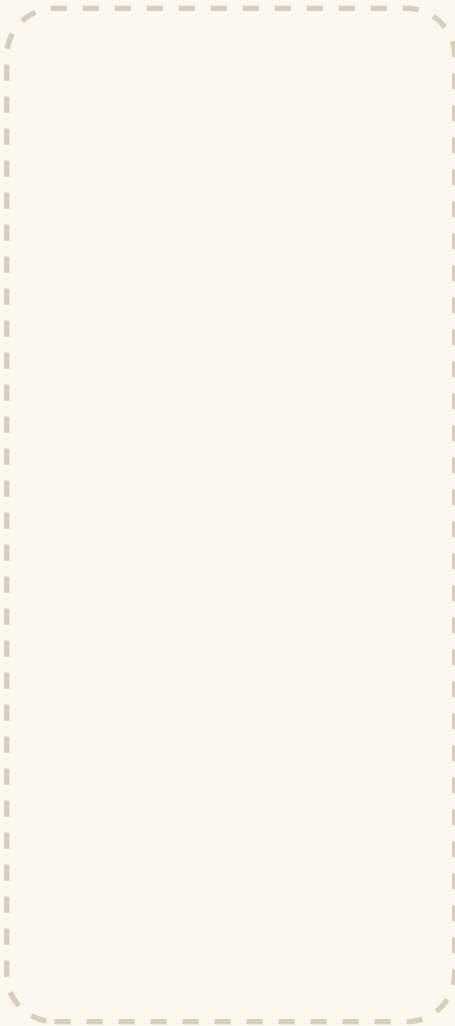
You are a little seed too.
Small today, growing every day.
Breathe in, I am small.
Breathe out, I am growing.
Small things can do big things!

DO IT! Breathe in slowly... and out slowly. Two more times.

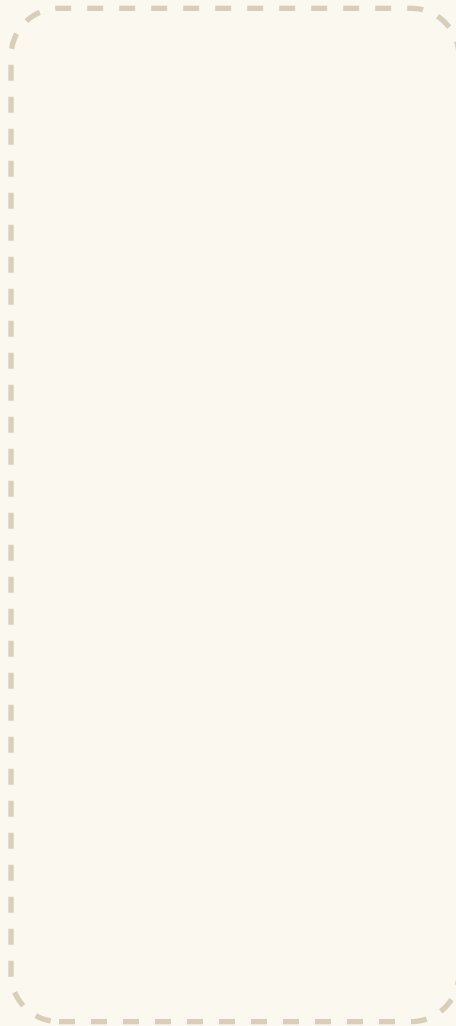
For grown-ups

- Read slowly and pause on each picture. Ask: what do you see?
- The green lines are for everyone to say together. Say them a little louder each time.
- On “down, down, down” and “up, up, up,” crouch low and stretch tall together.
- End with the breath on the last page, slowly, two or three times.
- Plant a real seed together this week. Give it a little sun, a little water, a little time.

Draw your little seed growing!



Seed



Sprout



Tree

Little Seed

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A tiny raindrop falls. A sleepy seed wakes up.

A root reaches down, a shoot reaches up,
and one small seed becomes a whole forest.

A read-aloud, move-along picture book for ages 2 to 5,
with a DO IT! on every page.

